FROM THE PRINCIPAL'S DESK

Congratulations to all students who participated in the 2013 Toowoomba Eisteddfod, over the last 2 weeks. These performances have been a culmination of many months of commitment to practice, persistence and cooperation as an ensemble.

I had the pleasure of hearing our band perform last Wednesday night. It was encouraging to hear how much they have improved since the Pre Eisteddfod performance at the end of last term. Congratulations to Mrs Warfield and Mrs Schnitzerling, and the many parents for your support of students over the year and in assisting with travel and supervision during the eisteddfod.

Adopt-a-Cop
This week we have the pleasure of adopting our new Adopt-a-Cop at assembly on Tuesday. We welcome Constable Brett to the role in our school and look forward to getting to know him during his visits in coming weeks.

Trivia Night
The Trivia night last Saturday was a great success. A big thank you must go to the many Sponsors, Business and Individuals who supported the P&C in making this night a huge success. Thanks must also go to the fundraising committee in particular to Megan and Katrina for coordinating this event.

NADOIC Week Art Competition
Congratulations to all students who participated in the NADOIC week art competition. The high standard of entries results in a number of students being awarded Encouragement Awards and others Highly Commended.
The winners are: - Melody (Prep), Keira (Year 1), Sienna (Year 2), Lulu (Year 3), Ashdyn (Year 4), Tavanah (Year 5), Amie (Year 6) and Anneena (year 7)
The winning art work is on display in the front foyer. Thank you to Mrs Peckham for coordinating this year’s event.

Jouwana Habash
Principal

STUDENT OF THE WEEK

Jordan (PS), Katie (PS), Oliver (PG), Nikkeiah (1E), Max (1R), Alexander (2G), Sienna (2P), Jeremiah (3M), Keeley (3P), Chloe (3/4R), Jasmine (5C), Michael (5L), Amie (6M), Annaliiese (6/7W), Nathan (7B), Luke (A1), Taj (A1), Ned (A2), Emily (A2), Patrick (A3)

GOTCHA AWARDS

Hannah, Lily, Anneena, Emma, Ella, Joselle, Amie

New Smartphone App helps young people with jobs and career opportunities

The Career Hunter App, developed from a young person’s perspective, is a simple way for young people and their parents to explore career opportunities.

Believed to be the first career exploration app of its kind, it provides information about occupations and industries, job descriptions, training and qualification requirements, and job vacancies. It makes tangible links from school to the world of work and highlights the industries where skills are most needed.

The Department of Education, Training and Employment; The Smith Family; Regional Development, Australia; Busy at Work and Group Training Australia worked together on the development of the app — now available from the Apple App Store.

Learn more at http://deta.qld.gov.au/about/app/index.html

P & C NEWS

Trivia Night
On behalf of the P&C I would like to thank everyone who attended the Trivia Night on Saturday. Thank you also to all the families and businesses who donated gifts and prizes. The night was a huge success, with everyone having a great time.

Final profits have not been finalised, but look very promising.
A big thankyou to Megan, Katrina and all the volunteers for all the hard work they put into the night. You did a wonderful job! Congratulations to Natalie Herbert and Michael Akes – winners of 2 return tickets on Skytrans from Toowoomba to Sydney.

Julie Leahy (P&C President)

We value: Achieving our Best, Being Respectful and Responsible, Caring and Confidence
**CHAPPY CHATTER**

Resilience is being able to ‘bounce back’ from difficult times, setbacks, and other significant challenges. It includes being able to deal effectively with pressure, and get through tough times with good outcomes.

**Parenting tip #2: See the world through your child’s eyes**

Imagine you had a difficult day. It wasn’t a catastrophic day, but some of your plans failed to materialise into reality. You failed to effectively navigate some relationship challenges with someone close. When you explained things to your spouse the response you received was, “Oh well, I guess you’ll just have to try harder again tomorrow.”

While this response may be correct, it is unlikely to help you feel any better. If you don’t feel better, you’re unlikely to ‘bounce-back’ with as much bounce! Likewise, giving advice when children are upset just makes them feel frustrated, or foolish. When they tell you they feel sad, saying “Cheer up, you’ll be ok. There’s no reason to feel like that” will undermine their feelings, make them question their worth, and create a feeling that they are not normal inside them. Instead, reflect their emotions and avoid advice or lectures.

“I can see it’s been a tough day for you today.” “Wow, that must have made you feel really disappointed.” When they know you understand them, ask them how they think you can help. Let them strategise the most effective way to overcome their challenges and support them in their decisions or guide them toward appropriate actions.


Take care

Chappy Carmen

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**Eisteddfod Performances**

Congratulations to all students who participated in the Eisteddfod. The feedback from the adjudicators has been very positive giving praise and encouragement, while suggesting areas for improvement. I particularly would like to congratulate the new students who have participated in their first Eisteddfod and did such a great job. We are proud of your effort and achievement with scores ranging from 80 – 86. A special mention was given to the Percussion Ensemble who achieved a second and the Small String Ensembles A and B who both achieved a Highly Commended in very large competitor groups. Many thanks to Mrs Schnitzerling and Ms Warfield for all their hard work and the long hours they spent at the Eisteddfod to prepare and assist the students in their performances. We have also received the Mayor’s Encouragement Award for 2013.

Mrs Schnitzerling and Ms Warfield reported that they were very proud of you all. They would like to especially thank Mr Sapiecha for his assistance in issuing uniforms and assisting at the Eisteddfod. Thanks also to Ms Habash and Mrs Powell for their continued support and attendance.

**Performance Uniforms for 2014**

Thanks to Mr Sapiecha who has conducted an audit of our performance uniforms and provided a list of the items we needed to purchase. I have sourced these and we now will have sufficient uniforms to outfit all children from 2014. I am pleased to report that we have been very fortunate in sourcing vests through a local supplier at a very reasonable cost, which will save us from making new vests to outfit the junior choir. We have had offers from parents in response to last week’s appeal for help, who will now only have to cut out the orange collars. Thank you for your offers to assist, we will be in touch when ready. We will have the orange ‘G’ embroidered on the front of the vests to match the existing vests.

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**TUCKSHOP TALES**

We are having a RED FOOD DAY on Friday 16th August. Meal deal forms will be coming home with today’s newsletter. This is a set menu and only available for first break. No other food items will be available. Meal deal forms must be returned to the tuckshop or the P&C slot by Tuesday 13th August.

Best wishes to Donna Elsey, as she goes off to have her new baby. Thank you for your help over the year. We are in need of more helpers and home bakers! If you can spare an hour or two once a month, please let me know. It’s a fun morning and morning tea or lunch is provided.

Don’t forget Friday treats this Friday from 3pm.

Larry Heuston 0417731126 or [leanne.heuston@bigpond.com](mailto:leanne.heuston@bigpond.com)

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<th>Tuckshop Day</th>
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<th>Tuckshop Home Bakers</th>
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<tr>
<td>Thursday 8th August</td>
<td>Larry Heuston</td>
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<td>Jen Munt</td>
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<td>Tuesday 13th August</td>
<td>Larry Heuston</td>
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<td>Rob Callow</td>
<td>Vicki Flynn</td>
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<td>Thursday 15th August</td>
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**OSHC**

This week at OSHC the children have helped Karen to construct a large rocket ship complete with astronauts, aliens and a working lift. We had lots of eager helpers and everyone was relieved when it was finally finished and play could begin. In the art area we have encouraged the children to express their ideas with activities inviting them to draw their concepts of life in space. Some of the children have expressed an interest in sewing this week after Cameron thoughtfully offered to repair Riley’s’ doll after its arm was ripped. It is always a wonderful experience to observe children reaching out to assist others. Well done Cameron!

Our Busabout tour was a great success, with approximately sixty early childhood educators meeting here at Gabbinbar to participate in a personal development day, with talks by UQ Early Childhood Lecturers and to view our service, Mothercraft and Chislehurst C&K Kindergarten. It was a wonderful opportunity to display our service and program to the industry. We are currently collecting plastic milk bottle tops for a new project and would be grateful for any donations you could give us.

Regards

Suzanne Evans

Co-Ordinator and OSHC team

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**Fete Book Stall**

Second hand books are starting to come to the library for the book stall at our upcoming fete. We welcome the following in good, clean condition that are up to 10 years old and are suitable for sale at a school fete:

- Books
- Craft/hobby magazines
- DVDs.

Unfortunately we cannot accept books culled from libraries, books older than 10 years or VHS movies.

If you are interested in helping the library staff with the stall, please contact Mrs Mac (Jo McMillan) in the library.
Gabbinbar Parents and Citizens Association (P&C) provides services including out of school hours care (OSHC) programs, tuckshop, second-hand uniform shop and the student banking program. P&C meets on the third Wednesday of each month at 7:00 pm.

Email: pandc@gabbinbarcq.edu.au
Web: gabbinbarcq.edu.au/OurCommunity/PandC
OSHC Phone: 07 4631 5266
Tuckshop Phone: 07 4631 5215 (Tuesdays and Thursdays)

C&K Gabbinbar Community Kindergarten operates on our school site.
Email: gabbinbar@canbk.asn.au
Web: www.canbk.asn.au/gabbinbar
Phone: 07 4613 6205
Fax: 07 4613 6209

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