FROM THE PRINCIPAL

2015 Prep Enrolments
We have commenced our planning for 2015. As part of this process we have been asked to submit our prospective enrolments and consider the staffing implications.

One of the biggest impacts on our planning for next year is student numbers. To assist us in planning for 2015 we need to have an accurate forecast of our 2015 Prep numbers. If your child will be attending Gabbinbar’s Prep program in 2015 we ask that you return your enrolment forms as soon as possible to enable us to confirm numbers and finalise planning for information sessions. We also ask that you pass this message to any families who may be joining us for the first time next year. We would like to make the start of the year as smooth as possible for all involved and appreciate your assistance.

NAPLAN
Individual student NAPLAN reports for students who completed the Tests have arrived and have been sent home today. Parents who would like to discuss their child’s report are asked to contact their child’s teacher to organise a suitable time.

As a school we celebrate our student’s achievements and recognise that these results are similar to those of other Schools in the State and the Nation. We are particularly proud of the following results for students achieving in the Upper 2 Bands in our focus area of reading and Spelling:

- Year 3 – Reading 50%  Spelling 30.4%,
- Year 5 – Reading 37.5%  Spelling 25%,

Other areas that deserve mention where our students are performing well in the Upper 2 Bands include:

Year 3:
- Grammar & Punctuation 43.5%
- Numeracy 33.3%
- Writing 24.4%

Year 5:
- Grammar & Punctuation 27.5%
- Numeracy 30.8%

As we track the progress of individual students from Year 3 – 5 and from Year 5-7, we can see that overall our students continue to make positive progress and in many cases their progress is higher than that of their peers across the state.

Jouwana Habash
Principal

Centenary Heights SHS Junior Secondary Update

Attention Year 6 and 7 Students and Parents – Centenary Heights SHS Enrolments Due Now

Year 7 and 8 enrolment applications for 2015 are now being processed and the formation of classes will soon begin based on the enrolment applications received to date. If you have not submitted an enrolment form and associated documents (to our school office) for your child please do so at your earliest possible opportunity – information will be used to place your child and to send an information package directly to you early in Term 4. Details of the enrolment process can be found on our website, including information about our Enrolment Management Plan (Catchment Area): https://centheigshs.eq.edu.au/Pages/default.aspx

The Year 6 to 7 and Year 7 to 8 Orientation Days will be held in the last week of Term 4. Details will be in the package so students must have their enrolment confirmed before attending this day.

Please contact Tim O’Connell on 46367500 or email tocon1@eq.edu.au for further details.

The scaffolding for the ‘new’ Year 7 building has been partially removed with the completion of the building scheduled for the beginning of Term 4 – it is looking fantastic! Orders for new furniture have also been placed in readiness for day 1, 2015. Importantly, the curriculum outline has been finalised, the timetable construction has commenced, and a great deal of teacher preparation is taking place behind the scenes. We will be ready!
We value: Achieving our Best, Being Respectful and Responsible, Caring and Confidence

**Student of the Week**
Livian (PS), Taylah (PW), Isabelle (PC), Katie (1G), Lexii (1L), Nathania (1L), Jada (1L), Stephanie (2G), Annika (3M), Corey (2M), Hannah (2M), Boyne (3M), Ebony (3P), Lulu (4R), Bailee (4R), Nhyckoz (5C), Ibrar (5L), Ruby (6H), Ruben (6W), Sarah (7B), Hayden (A1), Ned (A2), Ethan (A3).

**Gotcha Awards**
Chase, Saxon

**Mother’s Morning Tea**
Thursday 28 August
9.00am – 10.30am
Gabbinbar State School OSHC Room

**School News**
**Kindy counts! Facebook competition**
Parents with kindy-aged children are invited to tell how kindy has benefitted their child. By doing so you will have a chance to win a Samsung Kids Tablets and $1000 in educational materials for your child’s kindy.
Simply submit a video, or photo and up to 100-words that shows the benefits of kindy. To enter, your child must be participating in kindy this year, or have participated last year.
Go to: www.qld.gov.au/kindyfun for competition entry requirements, prizes, deadlines and full terms and conditions.

**Calling young scientists** (Young Scientists of the Year Awards)
Do you like science and wonder how science can change people’s lives? The Young Scientists of the Year Awards might be the competition for you. This year’s theme is ‘Energy in our lives’. The winning child or group can win up to $3000 for their primary school. Entries close 19 September 2014.

**Library News - Book Week Celebrations**
Last week was Children’s Book Week and to celebrate we invited staff and students to dress up as their favourite book (or comic) character. It was great to have one of the Gabbinbar Kindy groups and lots of parents join our assembly. Thanks to all the staff, children, parents and helpers for the fantastic efforts with the costumes.
For more photos, see the upcoming display in the administration foyer.
Anthony Seng
Teacher-Librarian

**“Enviroweek”**
**Gabbinbar Year 4 Waste Warriors**
From August 24-30 2014, Schools and students across Australia take up a green challenge and discover that their everyday action really counts for our natural world.
Year 4’s are celebrating ‘Enviroweek’ by participating in these challenges: Waste Warrior and Green Thumb. We are looking after the vegetable and herb garden and composting our school’s food scraps. To compliment our Geography unit we are designing action plans to prevent waste throughout our school. We encourage everyone to think about what happens to our waste and how can we reduce, reuse, recycle or repurpose.

**Payments Due**
12.09.14  Yr 4 Excursion - $10
Payments for excursions, performances or student program will not be accepted after the payment due date under any circumstances.

**Date Claimers**
- 20.08.14 to 05.09.14  Swimming – Yrs 3-7
- 25.08 to 2.09.14  Life Education Program
- 28.08.14  Mothers’ Morning Tea
- 02.09.14  Chess Championships
- 18.09.14  TYME Festival
Chess Competition

The Toowoomba Teams Chess Championships are on Tuesday, 2 September. If your child has nominated please note:

- Parents/carers (who have offered to drive other students) please meet in Gabbinbar Library at 8:15 am. Information to parents who are driving was sent home Tuesday 26 August.
- Children getting a lift with other parents, also meet in Gabbinbar Library at 8:15 am.
- Children should arrive at the Rangeville Hall at 8:30 am for a start at 9:00 am sharp.
- When parents/carers arrive at Rangeville School, please walk with Gabbinbar child/ren to the Rangeville hall to meet Gabbinbar teachers.
- No parking in High St is recommended due to heavy congestion.
- It is preferable if visiting parents utilize South Street, in the stretch between Bowtell St and the dental unit for drop-off/pick-up and parking.
- There is also parking available on the eastern oval end (access via South St). Walk across the oval to the venue hall.
- Parents/carers please see Gabbinbar teachers about 3:30/4:00 in the Rangeville hall before collecting children.
- Please see the menu below for the Rangeville canteen if your child is buying lunch/snacks. It is recommended that parents pack multiple snacks as there are six breaks.

2014 Chess Day Menu

Hot Foods
- Bacon & Egg Muffin (only available till 10.30) ... $2.50
- Pies ...... Sm $2.00 & Lg $3.50
- Sausage Rolls ..... $2.50
- Hotdogs .... $2.50
- Cheese Burger ...... $3.50
- Ham 7 Pineapple Pizza .... $2.50
- Nuggets ....... $3.50
- Sauce Tom/BBQ..... 20c
- Salad Box ham or chicken (pre made).... $4.50
- Sandwiches (pre made)..... $4.50
- Sushi Roll (variety)..... $3.00
- Variety of Home Baked goodies, drinks, ice blocks and snacks available on the day. (.20c to $3.00)

Tuckshop Tales

<table>
<thead>
<tr>
<th>Tuckshop Day</th>
<th>Tuckshop Helpers</th>
<th>Tuckshop Home Bakers</th>
</tr>
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<tr>
<td>Thursday 28 August</td>
<td>Larry Heuston, Jen Munt, Charmaine Ingledew</td>
<td>Janet Edwards, Cheri Ochnio</td>
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<tr>
<td>Tuesday 2 September</td>
<td>Larry Heuston, Donna Elsey, Elizabeth Wembri</td>
<td>Roslyn Woodhouse</td>
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<tr>
<td>Thursday 4 August</td>
<td>Larry Heuston, Jen Munt, Charmaine Ingledew</td>
<td>Rebekah Sullivan</td>
</tr>
<tr>
<td>Tuesday 9 September</td>
<td>Larry Heuston, Rob Callow</td>
<td>Nat Herbert, Penni Harth</td>
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We are still in need of some helpers in the tuckshop, so if you can spare an hour or two please give me a call. Don’t forget Friday treats from 3pm this Friday, Mrs Munt has a fantastic new variety of lollies and treats available. Larry Heuston 0417731126 or leanne.heuston@bigpond.com

Chappy News

What is Body image important?

Positive body image plays a vital role in psychological and physical health and development, not only in regard to the way you feel about your body, but in many areas of life. In particular, people with positive body image have more positive self-esteem, better self-acceptance and a healthier attitude towards food and eating.

Self-esteem

Adolescents with body dissatisfaction are more likely to suffer from poor self-esteem. Our self-esteem relates to how good we feel about ourselves and it affects our self-worth. Self-esteem affects our behaviour in almost every area of our life. Positive with positive self-esteem are more confident in food they are and what they do. For instance, people who have high self-esteem are more capable, more in control of their life, make friends more easily, are less likely to experience depression and have better general wellbeing.

Self-acceptance

Body image is an important part of our identity and self-concept. People who have a positive body image accept and love their bodies for what they are. These people are less sensitive to the pressures that exist in our current culture for girls to be unrealistically thin or boys to be muscular. Therefore they are less susceptible to the depression caused by feelings of inadequacy or disappointment with their own appearance.

Healthy attitudes towards food and eating

A negative body image can cause a person to adopt unhealthy and potentially harmful eating habits. In many cases, when people restrict their food intake because they want to lose weight, food becomes the enemy and feelings of guilt become associated with the act of eating. Having a positive body image allows you the freedom to enjoy food and eating without the strain of having to starve yourself or go hungry. Listening to your body, eating whenever you are hungry and maintaining a healthy balanced diet are habits that promote psychological and physical health.

When you have a positive body image, you accept your body and appearance the way you are. This enables you the freedom to develop in all other areas of your life, like expanding yourself mentally and physically, having lots of great friendships, gaining independence and developing your talents.

Take care
Chappy Carmen

P & C News

Fathers’ Day Stall - 3 September

Time once again to make Dad happy by buying some wonderful gifts at our school’s Fathers’ Day Stall. Gifts ranging from $1 to $5. See flyer sent home with students today.

OSHC

We currently have some vacancies for OSHC. This is a great time to add extra days to your booking for days which were previously at capacity. As your child moves through the school year, changes to their health or other requirements may be experienced. Any updates which you think may impact on their care can be discussed by contacting OSHC. Notes can also be made on the Focus group feedback on the sign out desk.

Expressions of interest sheet for SEPTEMBER VACATION CARE is out now. Please remember this is NOT a permission form, and low numbers for the Vacation care period may result in closure of the service over this time.

Davina QUINN, OSHC Coordinator

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Second Hand Uniforms
I will be unavailable to sell uniforms until Friday 8 Sept. If you have any queries please feel free to text your details. Phone Sharon 0423 654 259.

Media Consent Forms
Important Reminder: New Media consent forms are effective from the start of this term. Students' name and images will not be permitted to be used if new forms have not been received by the office. If you haven’t returned your form, we ask that these be completed and returned as soon as possible. If you are unable to find your forms, copies are available from the front office. Unfortunately we are unable to place photos of our student in the Newsletter if the current consent forms are not completed.

Student Absences
A reminder to all parents that it is your responsibility to notify the school of your child’s absence.
You can do this in three simple ways by:
1. Phoning the Absence line 46315260, this service is available 24 hours a day.
2. Sending a signed and dated note to school with your child.
3. Emailing directly: absences@gabbinbarss.eq.edu.au
Please include your child’s name, class, day(s) they are away and the reason for absence eg. illness, doctors appointment…

Father’s Day Stall
Wednesday 3rd September in the hall
Your child will go with their class throughout the morning to select gifts.
We suggest your child bring their money in a named envelope and give it to the teacher to be kept secure.
A variety of gifts are available to purchase for that special man in your family.
Gifts range from $1 to $5
Multi Draw raffle also running. Tickets are available on the day - $1 per ticket.
Raffle will be drawn on Friday 5th September.
Helpers needed on the day! Please contact Denielle if you can help out on 0408 674 445. Any assistance appreciated.

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Gabbinbar Parents and Citizens Association (P&C) provides services including out of school hours care (OSHC) programs, tuckshop, second-hand uniform shop and the student banking program. P&C meets on the third Wednesday of each month at 7:00 pm.

Email: pandc@gabbinbarss.eq.edu.au
Web: gabbinbarss.eq.edu.au/OurCommunity/PandC
OSHC Phone: 07 4631 5266
Tuckshop Phone: 07 4631 5215 (Tuesdays and Thursdays)

C&K Gabbinbar Community Kindergarten operates on our school site.
Email: gabbinbar@candk.asn.au
Web: www.candk.asn.au/gabbinbar
Phone: 07 4613 6205
Fax: 07 4613 6209

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