FROM THE PRINCIPAL

Parent Information Nights

A reminder to parents that classes will be hosting Parent Information Sessions to discuss classroom routines and practices. This is a good opportunity to familiarise yourself with what is happening in your child’s classroom. Below is a schedule of Information session that will be held over the next two weeks.

Wednesday 11 February 2015
A1 and A2 - 3.30pm

Tuesday 17 February 2015
Prep - 3.15pm
Year 1LG - 3.15pm
Year 3 - 3.30pm
Year 5 - 4.00pm

Wednesday 18 February 2015
Year 1P & 1L – 3.15pm
Year 2 - 4.00pm

Thursday 19 February
Year 4 - 3.15pm
Year 6 - 3.15pm

These sessions will be held in your child’s classroom. If you are unable to attend please let us know and we will forward any information that was provided. If you would like to make a time to meet with your child’s teacher please let us know.

Student Leaders

Students in Year 6 have been invited to participate in our 2015 Leadership Program and have been issued with Leadership Application forms. Participation in our school leadership program is voluntary. Students who participate will be eligible to nominate for the positions of School Captain and House Captain. They will be expected to fulfil certain responsibilities during the year.

Criteria for Selection:

• High level of leadership skills
• Consistent adherence to school and classroom rules
• Very high level of responsibility and a willingness to commit to activities associated with the role
• Well-developed communication and people skills
• High level of personal presentation e.g. always wears school uniform with pride
• Regular attendance at school

I ask that you support our students in completing their applications which are due by 10.00am on Tuesday 17 February. Students will be required to present a speech to staff and peers at assembly on Friday 20 February which will be followed by a ballot open to students from Year 5-6 and all staff. House Captain speeches will be made later that day to students in Years 4-6 in each house with a ballot to follow.

Gazette Distribution

Due to changes in our IT systems and with the development of the QSchools app, we have decided to discontinue the notification via email of our newsletters. We apologise for any inconvenience.

To keep up-to-date with news from Gabbinbar State School you can:

• See our website at gabbitinbarss.eq.edu.au from 5pm Wednesdays of school weeks for the latest Gabbinbar Gazette (newsletter)
• See our calendar and news at our website
• Install the QSchools app on your smartphone, tablet or PC. Just install then add Gabbinbar as a favourite school and allow push notifications
• Collect a paper copy of the newsletter (or ask your child to) from the office from 3pm Wednesdays
School News

MEDICAL RECORDS
To maintain both current and accurate records, we are requesting that parents/caregivers update their child’s general medical details and requirements to be administered at school. As children develop and mature there can be changes to dosage and/or medication timing. Schools need to have up-to-date information to ensure the safety and well-being of your child.

New medication forms are available from the school office. These forms need to be renewed at the beginning of the school year. If your child needs to have medication administered during school hours please complete the new forms as soon as possible.

For children with severe allergies, we require an ‘Anaphylaxis Action Plan’ to be completed by your GP, Paediatrician or Medical Specialist. Once provided, the school will arrange to meet with you, your child’s teacher and a member of the Administration team to formalise an internal school ‘Action Plan’.

School Road Safety Reminder
Our school can be a very busy place at drop off and pick up times and it is important that students are reminded of some basic road safety rules. Here are some basic tips for parents to share with your child to ensure they have a safe trip to and from school each day:

- Children under the age of 10 should always be accompanied by an adult.
- When crossing a road, always STOP, LOOK, LISTEN and THINK and keep looking and listening while you cross.
- Where possible, young children should always hold a grown-up’s hand when crossing the road.
- Always cross the road at a marked pedestrian crossing with designated Crossing Supervisors in the morning and afternoon.

As parents and carers, the best way you can teach your child road safety is to set a good example yourself.

Have your say on the draft Education Accord
Public consultation continues on the draft Queensland Education Accord.
You are encouraged to have your say on the 30-year vision for education in Queensland by completing the online survey. For more information visit the Queensland Education Accord website:

ARRIVALS AND DEPARTURES
School commences each day at 8.45 a.m. Pupils should be at school fifteen minutes before the official starting time, to allow them to settle down and prepare for the day's lessons. Except in exceptional circumstances, there should be no need for children to be at school before 8:15 a.m. Children who arrive before this time are required to stay under A-block until classrooms open at 8.30 a.m. School ends at 3:00 p.m. Parents requiring their children to arrive late or depart school early, are required by law to sign their children in and out at the school office, in the Late Arrivals/Early Departure Register. This register is maintained so that in an emergency, we know exactly who is and isn’t on the premises.

When leaving during the school day, for any reason, parents will need to report to the office in the first instance. Children are to be collected from the classroom and NOT the front gate.

Even if your child is only late 10 minutes per day, it doesn’t seem much but every day counts.

Student of the Week
Jamie (PW), Cooper (PC), Gemma (PS), Keeley-Anne (1LG), Ned (1L), Rachael (1P), Lauren (2G), Lanu (2L), Sylvia (3H), Sarah (4E), Zara (5M), Ailin (6L), Freyja (A1)

Chaplaincy Committee AGM
The annual general meeting of the Gabbinbar State School Chaplaincy Committee will be held on Wednesday 25th February at 3.30pm in the Administration Block. People interested in supporting the chaplaincy service are encouraged to attend. For more info please contact Rob Callow 0417773984.

Library News
It’s great to have so many children borrowing and enjoying library books. Please remind your child to bring their library bag and books on their lesson day:

<table>
<thead>
<tr>
<th>Mon</th>
<th>Tues</th>
<th>Wed</th>
<th>Fri</th>
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<tbody>
<tr>
<td>Prep</td>
<td>Year 1</td>
<td>Year 4</td>
<td>A1 A2</td>
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<tr>
<td>Year 5</td>
<td>Year 3</td>
<td>Year 6</td>
<td>Year 2</td>
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</tbody>
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Students can also borrow before school (8:30-8:45), at break times, and after school (3:00-3:15). Students in prep to year 3 must have a library bag to borrow.

Chess News
Advanced chess for students in years 3 to 6 starts on Thursday. The deadline for returning advanced chess tutoring notes has been extended to 9 am Thursday 12 February. Please note that if there are not sufficient numbers for the class, it will have to be cancelled.

Anthony Seng
Teacher-Librarian

We value: Achieving our Best, Being Respectful and Responsible, Caring and Confidence
Tuckshop News

<table>
<thead>
<tr>
<th>Tuckshop Day</th>
<th>Tuckshop Helpers</th>
<th>Tuckshop Home Bakers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday 12 February</td>
<td>Larry Heuston, Julie Manteit, Charmaine Ingledew</td>
<td>Home bakers needed please contact me if you can help out.</td>
</tr>
<tr>
<td>Tuesday 17 February</td>
<td>Larry Heuston, Kerrie Dow, Belinda Parkes, Donna Elsey</td>
<td>Nat Herbert</td>
</tr>
<tr>
<td>Thursday 19 February</td>
<td>Larry Heuston, Rob Gallow, Julie Manteit</td>
<td>Home bakers needed please contact me if you can help out.</td>
</tr>
<tr>
<td>Tuesday 24 February</td>
<td>Larry Heuston, Kerrie Dow, Jane Higgs</td>
<td>Penni Harth, Janet Edwards</td>
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</table>

A big welcome to some more new faces this year, Belinda Parkes and Lexie Shackleton. Thank you for helping out. We are really urgently in need of some new home bakers, so if you can help out, please let me know ASAP. Larry Heuston 0417731126 or leanne.heuston@bigpond.com

Chappy Chatter

Help your child recognise and express their feelings

Labelling feelings is one of the first steps in helping children understand and manage emotions. Once they understand what particular emotions feel like in their body, they can start to use words to describe them and begin to work out how they might manage their feelings. The following tips may be useful:

- Label and name your emotions. This helps children to put a name to the expression you are showing. “I’m so excited to go to the park with you.” “I feel frustrated that I have lost my keys.”
- Help label your child’s emotions. This will help your child match how they are feeling with the name of the emotion. This can be beneficial when your child is not yet able to describe some of their more complex feelings (eg worry). “I can see that you’re worried about making new friends.”
- Invite your child to describe their feelings. “I feel disappointed it’s raining and we can’t go out to play. How about you?” “How do you feel when you go to visit Sara?”
- Talk about feelings in stories you read with your child. Pinpoint some of the characters’ feelings and relate them to what is happening in the story. “Aisha looks a bit sad about going to school.” “How do you think Aisha is feeling about starting school?” At times, you could extend this to relate it to your child’s own experiences (eg “has this happened to you?” or “have you felt that way?”) to help your child make links to their own experiences.

(For more information, see the information sheet on https://www.kidsmatter.edu.au/node/2639)

Take care

Chappy Carmen

Coolaroo Australian Rules Football Club

Sign on Day

Saturday 14th February
Gold Park 10 am to 1 pm
Contact Larry Heuston 0417731126

P & C News

The AGM for the P&C Association will be held next Wednesday night, 18th Feb, at 7.00pm. All executive positions will be declared vacant.

- If executive positions remain vacant the P & C cannot operate and no sub-committees can be formed.
- What will happen if volunteers do not come forward and offer their time and support:

No Outside School Hours Care – The after school, before school and vacation care programs are overseen by a Sub-committee of the P & C. No P & C means this facility would cease immediately, leaving many families seeking care for their children at unfamiliar centres and in turn the need for transportation to these centres.

No Tuckshop – The tuckshop operates under the banner of the Gabbinbar P & C (and is one of its main sources of income), therefore no P & C - no tuckshop days or the special occasion Meal Deal Days.

No Fundraising Team – In past years Gabbinbar’s fundraisers have been a major source of income for the P & C which allows contributions to be made across many areas of the school. Some events are not big money makers eg. Mother’s Day and Father’s day Stall. These activities are offered as a service for the children (and relieving Mum & Dad from shopping with the kids).

Other committees that wouldn’t be able to operate are the Student Banking, Second Hand Uniforms, Music Support and the Grants committee.

So why not attend the AGM and volunteer your time and support to one of the above sub-committees? Actions always speak louder than words when it comes to valuing your child’s learning. Joining the P&C is one of the best ways to show your children how much you value their education and how interested you are in what they do. By joining the P&C you are showing your children how committed you are to helping students and your school community. The more people involved the more exciting and successful the P & C will be.

Aaron Sapiecha (P&C President 2014)

OSHC

We are a P & C service known as OSHC and provide before and after school care as well as vacation care for Gabbinbar and other students.

Before care runs from 7am to 9am and after care from 3pm to 6pm with afternoon tea provided.

We currently have limited vacancies...

We provide a caring, creative and interesting environment with a variety of outdoors and indoors activities including craft, computers, puzzles, construction, games, pretend play and movies. Our aim is to provide a fun and safe space for children to relax and socialise. We can also supervise their homework.

For more information, see the P & C link under the “Our community” area at https://gabbinbarss.eq.edu.au or contact the OSHC co-ordinator, Davina Quinn on quinnD3@eq.edu.au or 4631 5266.

Uniform Shop

Uniforms can be purchased from 8am -11am each day. Parents can place a uniform order for collection at this time.

Second Hand Uniform Sales

Second Hand Uniforms are for sale on Monday and Wednesday mornings from 9am.

PLEASE NOTE: Sales are CASH ONLY.
Families in Toowoomba can still enrol into the free state-funded healthy lifestyle program for families – PEACH ‘Parenting, Eating and Activity for Child Health’. Registrations are now open for a new group to commence in Term 2 (April 27 2015).

Get your family active and eating well

The healthy lifestyle program for families called PEACH™ - Parenting, Eating and Activity for Child Health – is taking registrations now for a group to start in Toowoomba in Term 2.

The FREE program is available to families with a child aged between 5-11 years who is above a healthy weight their age.

The program is fun for kids and helps parents and carers make healthy eating and activity a part of every-day life.

It consists of 10 group sessions that run for 90 minutes each. The first 9 sessions are held weekly within the school term. Ongoing individualised family support is offered through the second half of the program ending with one final group session.

Some of the topics covered include nutrition skills, relationships with food and eating, changing family lifestyle behaviours and making healthy eating affordable. While the parent sessions are taking place, children enjoy active play with a trained child physical activity facilitator.

The program is funded by the Queensland government and being delivered by the Queensland University of Technology.

If you would like more information about the PEACH™ program or to register please contact free call 1800 263 519 or visit www.peachqld.com.au
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DARLING DOWNS SCOUTS

Scouting Opportunities
Would you like your children (both boys and girls) to have fun, experience the excitement and adventure that comes from learning new skills while making new friends? The Drayton Scout Group offers an exciting and rewarding program for young people (6 years to 26 years and opportunities for leaders as well) that fosters their self-confidence, physical fitness and challenges their imagination in a safe environment. Our activities are varied and are catered to each age group. There is no chance to get bored as we give our members the opportunity to constantly try something new. Our younger members (Joeys Scouts: six to eight year olds) get to do puppets, team games and camps while learning. Our older members undertake more adventurous activities including Rock Climbing (Indoor & Outdoor), hikes, camps and even computer games nights while developing team and leadership skills. Throughout these activities we help to develop your child’s problem solving skills, confidence, sense of community and their camp craft skills.

The skills learned in Scouting pay dividends in later life! While only 1-2% of youth are involved in Scouting they make up approximately 38% of fortunate 500 CEO’s, CFO’s, Adventurers, Billionaires and Politicians. Many ex-Scouters are everyday names who have achieved amazing things like landing on the moon (Neil Armstrong and 21 out of the 24 Astronauts from the Apollo missions), becoming presidents (Barrick O’Bama), prime ministers (Kevin Rudd, ) and captains of industry (Dick Smith). This is why people like Bear Grylls and the Duchess of Cambridge Kate Middleton are still involved in Scouting today. If you would like to learn more and equip your child for the rest of their life then contact Darling Downs Scouts to locate your nearest Scout Group:

Phone: (07) 46 333-374
Email: ddrscouts@darlingdownsscouts.org.au
Website: http://www.DarlingDownsScouts.org.au
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C&K Gabbilbar Community Kindergarten operates on our school site.

Email: gabbilbar@candk.asn.au
Web: www.candk.asn.au/gabbilbar
Phone: 07 4613 6205
Fax: 07 4613 6209