FROM THE PRINCIPAL

This week it is timely to reflect on what we can do to support you with the wellbeing of your children. Often parents ask the question about homework – what does this mean? We haven’t got time to get it done? Will it really matter?

Below are some helpful hints provided by Michael Grose author of popular parenting columns and books.

JUST DO YOUR HOMEWORK!

Sound familiar?

Rather than homework being a headache for you and your child, here are some tips to help minimise the hassles and for you to remain sane during the process!

1. **Establish homework time and stick with it every day.** If children tell you they don’t have any formal homework then they can read, revise or organise their work. My feedback tells me that sticking to a routine despite the fact no formal homework is set is extremely useful and helps avoid battles.

2. **Put the onus back on your children to take responsibility for their work.** Ask children at the start of the homework session how much homework they will do. At the end of the session check it to see if it matches with their intentions as well as yours. You need to make sure it is your children and not you that is responsible for homework!

3. **Homework is as much a time management issue as anything else.** Encourage students to work reasonable quickly and efficiently. Have a set time limit, which they should stick to. There is generally little point slogging away once they become frustrated or tired. A little work each night is more productive than packing it into one weekly session.

Influenza (flu) season

Winter is coming, bringing cold and influenza (flu) season with it. Queensland Health’s influenza page, [www.qld.gov.au/flu](http://www.qld.gov.au/flu), covers the symptoms, how to protect yourself and others from getting sick and treatment. Our school is helping to prevent the flu from spreading by:

- encouraging children, staff and visitors to cover their mouths and noses when they sneeze or cough
- making tissues readily available and ensuring used tissues are disposed of immediately
- ensuring children and staff wash their hands regularly
- cleaning our facilities and resources regularly
- encouraging staff and children with flu-like symptoms to stay at home
- strongly urging staff and children who arrive with flu-like symptoms to instead stay at home and encouraging them to seek early medical advice.

If your child catches the flu, please seek medical advice and keep them home until they are feeling well again.
School News

Date Claimers

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>28.05.15</td>
<td>Mothers Morning Tea</td>
</tr>
<tr>
<td>02.06.15</td>
<td>Choral Fanfare (Junior Choir)</td>
</tr>
<tr>
<td>05.06.15</td>
<td>Assembly – Senior Choir Performing</td>
</tr>
<tr>
<td>09.06.15</td>
<td>Centenary Heights Enrolment Information Evening – 6pm – CHSHS School Hall</td>
</tr>
<tr>
<td>12.06.15</td>
<td>Centenary Heights School Tours (9-10am)</td>
</tr>
<tr>
<td>17.06.15</td>
<td>P &amp; C Meeting @ 7pm</td>
</tr>
<tr>
<td>26.06.15</td>
<td>Last day - Term 2</td>
</tr>
<tr>
<td>13.07.15</td>
<td>Term 3 commences</td>
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</table>

Payments Due

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>29.05.15</td>
<td>Fanfare Bus Fare, Junior Choir - $8</td>
</tr>
</tbody>
</table>

Payments for Excursions, Performances or Student program will not be accepted after the payment due date under any circumstances.

Every Day Counts at Gabbinbar

Every Day Counts because children achieve better when they attend school all day, every day.
Every Day Counts because going to school means getting a better chance at life.
Every Day Counts because school helps children build social and emotional skills such as communication, teamwork and resilience.
Every Day Counts because going to school is a legal requirement.

Unexplained Absences

For Semester One, 2015, Gabbinbar had 278 Unexplained Absences (as at 27 May). Our goal for Semester Two is to reduce this to ZERO! But we can’t achieve this alone!

A reminder to all parents that it is your responsibility to notify the school of your child's absence. You can do this in four simple ways by:

1. Phoning the school absence line 4631 5260
2. Sending a signed and dated note to school with your child.
3. Emailing the school via our website – click on the tab ‘Absentee-eLine’ and emailing us.
4. Emailing directly: absences@gabbinbass.eq.edu.au

Absences that are ‘Unexplained’ are recorded as such, and are highlighted in your child’s Report Card at the end of each Semester. Does your child have any Unexplained Absences?

Student of the Week

Larissa (PW), Lars (PS), Lachlan (PC), Elliott (1LG), Zoe (1P), Lilly (2G), Lucy (2L), Nathania (2R), Kiera (3M), Name Withheld (3H), Sienna (4R), Rory (5C), Lillian (6L), Sam (6W), Patrick (A2), Zachary (A2), Matthew (A1), Freyja (A1), Charlotte (A1).

MOTHERS’ MORNING TEA

Thursday 28 May
9.00am – 10.30am
Gabbinbar State School Hall
Hosted by City Women on the third Thursday of every month. Everyone is welcome to attend.

Report Cards

Starting this semester, Gabbinbar State School will be trialing electronic report cards delivered by email, in addition to printed report cards, with the view electronic report cards being the main format in Semester 2.

Parents should have received an email from administration@gabbinbass.eq.edu.au using the current information provided to the school. Thank you to those who have emailed a confirmation or seen our office staff in person.

If you did not receive this email please check your junk or spam folder. Please add the email address Application.ONECHOOL@dete.qld.gov.au to your contacts/address book to ensure the emails do not get directed to your junk or spam folder in the future.

To update your email contact details please email us at administration@gabbinbass.eq.edu.au

Parent Information

We are currently updating contact details for each child at Gabbinbar State School. We have had many instances already this year in which either home or emergency details have changed but parents have not notified the school.

It is vital that we have the correct contact details and emergency numbers to assist us when having to contact you if your child is unwell or injured.

If you are unsure if your details are up-to-date, please contact the office.

Choir Music Notes

Junior Choir

Our Junior Choir will be competing in the Ed Qld “FANFARE” program, to be held on 2 June at Mt Lofty High School. Permission notes are due back at school by Friday 29th May. The Performance uniform should be paid for and collected from the office by Friday, 29 May. Uniforms cannot be handed out until payment has been made. Please contact the Office for all details and payment.

We value: Achieving our Best, Being Respectful and Responsible, Caring and Confidence
**Chappy Word**

Hi everyone,
I just want to take this opportunity to thank everyone for their contribution to Chappy Week, last week.
I really appreciate the efforts of staff, parents and students who made Chappy Week a success.
As part of the week’s celebrations, students and teachers completed an acrostic poem to the letters in CHAPPY. I have really enjoyed looking over them. Thank you for taking the time to complete these. Below are a few of these poems chosen for the newsletter.

<table>
<thead>
<tr>
<th>Caring</th>
<th>Happy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amazing</td>
<td>Perfect</td>
</tr>
<tr>
<td>Pretty</td>
<td>Person who plays</td>
</tr>
<tr>
<td>Polite</td>
<td>You’re just special</td>
</tr>
<tr>
<td>You’re our friend</td>
<td>Written by Prep C</td>
</tr>
</tbody>
</table>

| Caring and always happy | Happy as Larry and |
| Help all the time | Amazing as can be, also she is |
| Always nice to everyone | Particularly enthusiastic but she is |
| Pounding with laughter | Perfectly crazy and |
| sometimes | Yay it’s her day |
| Places we go together | Written by Kellie (5C) |

Written by Chappy Tricia

**Food for Thought**

One of the most interesting people I have ever heard of is a young Queenslander called Nick Vujicic. This man was born with no arms or legs and by the age of six had become convinced that his life could never amount to anything worthwhile. His future looked very bleak.
Nick had no idea that he would become a world renowned speaker. He didn’t realise that he had been blessed with an amazing gift for encouraging others. In his adult years, he has visited many countries and has toured many areas of Australia, using his life story to transform the lives and attitudes of many thousands of people.
Nick reaches out to all those who are struggling with problems, teaching them ways to face life’s difficulties, just one step at a time. This man has had to overcome some incredible hurdles in his own life and yet joy and love just radiate from him.
If you haven’t encountered Nick, please let me suggest that you visit www.attitudeisaltitude.com – you will be amazed at this man.

A message from Chappy Tricia

**Gazette Distribution**

To keep up-to-date with news from Gabbinbar State School you can:
- See our website at gabbinbars.qld.edu.au from 7pm Wednesdays for The latest Gabbinbar Gazette (newsletter)
- See our calendar and news at our website
- Install the QSchools app on your smartphone, tablet or PC. Just install then add Gabbinbar as a favourite school and allow push notifications
- Collect a paper copy of the newsletter (or ask your child to) from the office from 8am Wednesdays

**Tuckshop News**

<table>
<thead>
<tr>
<th>Tuckshop Day</th>
<th>Tuckshop Helpers</th>
<th>Tuckshop Home Bakers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday 28 May</td>
<td>Larry Heuston, Lexie Shackleton, D'Arne Rathbone</td>
<td>Danielle Griffin</td>
</tr>
<tr>
<td>Tuesday 2 June</td>
<td>Larry Heuston, Kerrie Dow, Jane Higgs</td>
<td>Penni Harth, Nat Herbert</td>
</tr>
<tr>
<td>Thursday 4 June</td>
<td>Larry Heuston, Rob Callow, charmaine Ingledew</td>
<td>Sue Long, Cherri Ochnio</td>
</tr>
<tr>
<td>Tuesday 9 June</td>
<td>Larry Heuston, Kerrie Dow/Dion Hutchins, Donna Elsey</td>
<td>Janet Edwards</td>
</tr>
</tbody>
</table>

The Tuckshop is a service run by our P&C here at Gabbinbar. All money raised goes back to the school and helps our fantastic students receive the best education from the best teachers at the best state school in Toowoomba.
So come on Mums and Dads, Aunties and Uncles, Nans and Pops, friends and neighbours, please support our Tuckshop to help our kids and support the school. Larry Heuston 0417731126 or leanne.heuston@bigpond.com

**OSHC**

Hi and welcome to another week of OSHC news.
Please note our MOBILE PHONE is no longer operational. While we decide whether we replace this phone, please use our landline number 4631 5266, or email QuinnD3@eq.edu.au for bookings, cancellations or inquiries.
We are currently working on developing a new Winter Afternoon Tea menu, any suggestions are welcome on the feedback sheet at the sign out desk.
FOUR weeks remain until it is Vacation care time again! The program will be available on Tuesday 9th of June, please fill in the Expression of Interest sheet at sign out desk.

**Uniform Shop**

Uniforms can be purchased from 8 am - 11 am each day. Parents can also place a uniform order for collection at this time. A full range of polo shirts, harlequin shirts, hats, shorts and jumpers is available.
New orange and blue scrunchies can be purchased from the office for $4 each. Cash Only.

**Second Hand Uniforms**

A wide range of shirts and shorts currently available as well as a large supply of 50c plain blue jumpers.
All sales are CASH ONLY

<table>
<thead>
<tr>
<th>Hours:</th>
<th>Wednesday 8.45am - 9.15am and Thursday 2.45pm - 3.15pm</th>
</tr>
</thead>
</table>

**Contact:** Kylene 0412 020 030

We value: Achieving our Best, Being Respectful and Responsible, Caring and Confidence
Gabbinbar Parents and Citizens Association (P&C) provides services including out of school hours care (OSHC) programs, tuckshop, second-hand uniform shop and the student banking program. P&C meets on the third Wednesday of each month at 7:00 pm.

Email: pandc@gabbinbarss.eq.edu.au
Web: gabbinbarss.eq.edu.au/Ourcommunity/PandC
OSHC Phone: 07 4631 5266
Tuckshop Phone: 07 4631 5215 (Tuesdays and Thursdays)

C&K Gabbinbar Community Kindergarten operates on our school site.
Email: gabbinbar@candk.asn.au
Web: www.candk.asn.au/gabbinbar
Phone: 07 4613 6205
Fax: 07 4613 6209

THE GRAND CENTRAL MEDICAL CENTRE
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Dr Jocelyn Baviere
Dr Lakshaman Ellepola
Dr Rita Ponce
20 Hill Street, Toowoomba

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