FROM THE PRINCIPAL

Eisteddfod Success
Congratulations to our String Ensemble and Band student on their performances at the Eisteddfod over the last few days. Our String Ensemble combined with students from Rangeville State School to compete in the Open Division, and were awarded third place. With our Band receiving a highly commended for their performance on Monday.

School Opinion Survey
Thank you to parents who have given us their time to complete the 2015 School Opinion Survey for feedback that helps us to review our practices and improve our school. The Survey is open until this Friday for those parents still wishing to participate.

New Playground Equipment
We are in the final stage of the installation of new equipment in our playgrounds. Junior playground has been installed with the new edging expected to be completed today. The playground will be open to students once work is completed and soft fall is delivered. Swings in our senior play area has been most welcomed with student queueing to have a go.
Thank you must go to our P&C who have contributed funds to this project enabling us to expand our design and install the swings. The efforts of our Fundraising committee and the support of our school community in fundraising in recent years has enabled this to proceed.

Student Arrival and Pick-Ups
Parents are advised that children should not arrive at school before 8.15am as playground equipment is out of bounds. Students who arrive at school before 8.15am, must report to the covered areas outside the senior classrooms. Children should be ready to begin work in class by 8.50am.
After school, children waiting for their parents should move to their respective pick up area. Children are not to play in the playground at this time as there is no supervision. Parents are reminded that younger children are not to play on the playground equipment during school time due to safety requirements. Please note that the Playground equipment is out of bounds from 3.00pm every morning and from 3pm in the afternoon, as it is a licensed space for our OSHC facility.

Pets on School Grounds
Please note that pets are NOT allowed on school grounds at any time, eg - dogs
School News

National Tree Day
Gabbinsbar Year 4 students will undertake a new garden planting project thanks to a grant received from Coles Landcare. To start the project off, students planted a feature red-flowing Eucalypt tree to celebrate schools Tree Day on Friday 24th July.

Life Education
Prep- Harold’s Surprise
Harold’s friend Possum holds a party in the park and invites the class and Harold to come along. The students use our realistic props to help Harold pack healthy picnic food, and on their way to the party respond to new situations and dilemmas around health and safety, presented on specially produced videos.

• ways to seek help from trusted adults
• the benefits of physical activity
• how to spot safe and unsafe behaviours and environments
• choosing healthy food options

Year 1 - Harold’s Heroes
Harold recruits the class as the newest members of his Super-Hero Team. Free from distractions, the class become absorbed in tackling challenges such as exploring the effect of second hand smoke and identifying how to ‘fly to the rescue’ in an emergency.

• recognising safe and unsafe behaviours
• the effects of second hand smoke on the body
• awareness of the safe use and storage of medicines

Year 2 - All Systems Go
Inside a futuristic machine ‘The Venture’, the Captain and his crew take the class on a tour of the human body. Travelling through the blood, the class explore and discover how magnificent the human body really is. They learn the functions of various body parts and the actions required to keep these systems working well.

• factors that influence the function of body systems such as exercise and drugs
• exploring ways to manage peer pressure
• the effects of second hand smoke
• the function of vital organs (heart, lungs, brain and kidneys)
• healthy food choices

Year 3 - Harold’s Diary
Harold shares with the class his diary entries about one week at school. This platform provides the opportunity to explore relationships and friendships, influences on food choices, benefits of physical activity and the definition of a drug.

• emotions connected with new situations and change
• importance of friendships and support networks
• exploring legal drugs such as medicines and caffeine
• strategies to manage peer pressure and bullying
• benefits of an active life-style and healthy diet

Year 4 - Mind Your Medicine
Using a friendly game show format Mind Your Medicine develops students’ understanding of medicines and their safe use, positive communication, strategies for managing conflict, stress, and bullying and explores how feelings influence the choices that we make.

• myths and facts surrounding the use of alcohol
• strategies for responding to encouragement or pressure to drink
• physical, social and legal consequences of alcohol use
• strategies to reduce harmful effects of alcohol on self and others

Year 5 - Think Twice
Using distinctive animated and vox-pop videos, this module tackles the topic of drinking alcohol in an age appropriate context. Students explore concepts such as the effect that alcohol has on body systems, myths and facts about alcohol, laws relating to its sale and reasons why people choose not to consume alcohol.

Year 6 - It’s Your Call
This session focuses on improving students’ decision making skills by looking at choices, consequences, responsibility, facts, information and influences. Peer influence, cyber safety and cyber ethics are themes used to explore decision making.

• emergency procedures such as how to call 000
• healthy food choices

Date Claimers

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>30.07.15</td>
<td>Mothers Morning Tea</td>
</tr>
<tr>
<td>31.07.15</td>
<td>Yr 3-6 Swimming Commences</td>
</tr>
<tr>
<td>01.08.15</td>
<td>Family Portrait Day - Library</td>
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<tr>
<td>03-12.08.15</td>
<td>Life Education Visit</td>
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<tr>
<td>06.08.15</td>
<td>CHSHS Year 6 Visit</td>
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<tr>
<td>09.08.15</td>
<td>Yrs 5 &amp; 6 Chinese Rap Performance at Toowoomba Language and Cultural Festival</td>
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<tr>
<td>15.08.15</td>
<td>Movie Night – School Hall</td>
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<tr>
<td>19.07.15</td>
<td>P &amp; C Meeting, 7pm</td>
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<tr>
<td>23.08.15</td>
<td>OPTI-Minds Regional Challenge</td>
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<tr>
<td>22-28.08.15</td>
<td>Book Week</td>
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<tr>
<td>01.09.15</td>
<td>Chess Tournament</td>
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</table>

Payments Due

<table>
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<tr>
<th>Date</th>
<th>Payment</th>
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<tbody>
<tr>
<td>29.07.15</td>
<td>Advanced Chess - $36</td>
</tr>
<tr>
<td>31.07.15</td>
<td>Life Ed - $5</td>
</tr>
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</table>

Payments for Excursions, Performances or Student program will not be accepted after the payment due date under any circumstances.

We value: Achieving our Best, Being Respectful and Responsible, Caring and Confidence
Swimming Program – Yr 3-6 Term3
Swimming lessons commence for all students on Friday 31 July. All classes are scheduled for 6 lessons over a 6 week period at Centenary Heights State High School ‘heated’ swimming pool. Below is a timetable of the lessons. The bus will leave the school 15 min before the scheduled start of each lesson and will return approximately 15 min after the lesson concludes.

<table>
<thead>
<tr>
<th>Depart School</th>
<th>Lesson Time</th>
<th>Friday 31/7, 14/8, 21/8, 28/8, 4/9</th>
<th>Depart Centenary Heights</th>
</tr>
</thead>
<tbody>
<tr>
<td>10.00am</td>
<td>10.15am</td>
<td>3H &amp; 3M</td>
<td>11.15am</td>
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<tr>
<td>11.30am</td>
<td>11.45am</td>
<td>4R &amp; 4E</td>
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<td>12.15pm</td>
<td>12.30pm</td>
<td>5M &amp; 5C</td>
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<tr>
<td>1.30pm</td>
<td>1.45pm</td>
<td>6W &amp; 6L &amp; A1/A2</td>
<td>2.45pm</td>
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Chappy Word
Hi everyone,
A quick reminder that this Thursday is Mother’s morning tea, come and join us for a cuppa and some conversation.

I found these words of wisdom and thought I might share them with you all. It is always good for us all to think and reflect on our own behavior.

Conflict – why is there so much of it? As long as humans have existed, it seems that there have always been those who respond with anger. It is all too easy for us to criticise the violence that we hear about in our television news programs – wars, assaults and sometimes even murders, but we need to ask ourselves if we too are part of the problem.

All of us have the potential for either conflict or peace living within us. In every situation we find ourselves in, we have to choose to do deal with others in either a hostile or peace making manner.

What about you? How do you react when someone disagrees with you? What about when someone accidentally bumps into you in a crowd or holds you up in traffic? Being around angry people is never pleasant, so please take a truthful look at your behaviour and make the commitment to choose peaceful solutions from now on. If you are an angry person, I can guarantee that you are not a happy person, so if you need to make changes, realise that you too will benefit from your efforts. Try being a peace maker as you deal with conflict.

A message from Chappy Tricia

MOTHERS’ MORNING TEA
Thursday 30 July
9.00am – 10.30am
Gabbinbar State School Hall
Hosted by City Women on the third Thursday of every month. Everyone is welcome to attend.

NAIDOC Art Competition
This year’s NAIDOC art competition ends next Monday. Entries must be returned to the library with the student’s name and class written on the back.
There will be one prize winner from each year level.

Student of the Week
Emily (PW), Violet (PS), Rosalie (PC), Eoin (1LG), Arwin (1L), Maha (1L), Zavier (1L), Niamh (1L), Joshua (2G), Hayley (2L), Mia (2L), Kyma (5C), Imogen (5M), Catherine (6L), Chelsea (6W).

Gotcha Awards
Adam (3H), Stephanie (3M)

Book Week 2015
Every August the Children’s Book Council of Australia (CBCA) celebrates and promotes children’s books and reading. Book Week is 22 to 28 August. Gabbinbar celebrates by dressing up as our favourite book characters on Friday 28 August. This year the Student Council will collect gold-coin donations for Make-A-Wish Australia. For more information about Make-A-Wish, see https://www.makeawish.org.au/book-week

Looking for dress-up ideas? Use your favourite search engine (e.g. Bing, Google) and search for “book character dress up ideas”.

Chess
Our advanced chess try-out day last week was a success, with many students coming to try advanced chess classes. If you would like your child to participate, notes and payment is now due. Chess tutoring continues each Thursday at 11 am. Students bring their lunch.

The Teams Championships are on September 1. Entry fee will be $15 per student with entry forms distributed soon to students.

Library
Parents and carers may have noticed that library borrowing days might have changed for their child. Please remind younger students to pack library bag and books ready for library.
Students come to library specifically to borrow on these days; they are welcome to also borrow at break times, and directly before/after school.

Woolworths Earn & Learn 2015
This program is designed to assist schools in obtaining valuable teaching resources – simply by doing your grocery shop at Woolworths. Receive one sticker for every $10 spent (excluding liquor, tobacco and gift cards). Stickers can be dropped into the collection box here at the school.

At the end of the promotion, we’ll be able to select from over 7,000 valuable school resources including maths & science equipment, arts and crafts material, sports gear and lots more.

We value: Achieving our Best, Being Respectful and Responsible, Caring and Confidence
School Road Safety Reminder

Our school can be a very busy place at drop off and pick up times and it is important that students are reminded of some basic road safety rules. Here are some basic tips for parents to share with your child to ensure they have a safe trip to and from school each day:

- Children under the age of 10 should always be accompanied by an adult.
- When crossing a road, always STOP, LOOK, LISTEN and THINK and keep looking and listening while you cross.
- Where possible, young children should always hold a grown-up’s hand when crossing the road.
- **Always cross the road at a marked pedestrian crossing with designated Crossing Supervisors in the morning and afternoon.**

As parents and carers, the best way you can teach your child road safety is to set a good example yourself.

Lost Property

The lost property bins are overflowing with lost clothing – mainly jumpers. Please check bins regularly for any items your child may be missing.

Second-Hand Uniforms

**KEEP WARM!!!**

- Trackpants available from just $2 each.
- Jumpers from $10.
- Yoga pants from $1, plus plenty of 50c plain blue jumpers to add layers.

**Hours:**
- Wednesday 8.45am - 9.15am
- Thursday 2.45pm - 3.15pm.

Contact Kylene: 0412 020 030

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Tuckshop News

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<th>Tuckshop Home Bakers</th>
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We are now getting desperate for helpers and home bakers, if you can spare an hour or two, please let me know ASAP.  
Larry Heuston 0417731126 or leanne.heuston@bigpond.com

P & C News

P & C Monthly Meeting – 19 August, 7pm.

Fundraising

**Family Portrait Day 1st August - School Library**

Thanks for getting your forms and money back in time. Times have all been advised. If you need to change yours please contact Alison as soon as possible.

**Movie Night 15th August - School Hall**

Thank you to those students who have booked. There are places still available so if you would like to attend, please return to the school P & C slot no later than the 5th August. No money required at this stage, just an indication of numbers and food required. Also, we need volunteers to help with cooking and serving food and drinks on the night. If you can spare a few hours, please contact me.

5c Class Challenge

A huge response in the 1st week. Thanks to all who have contributed. The current leader is class 1LG with a massive total of $64. Well done guys. Remember there is a class party up for grabs so keep finding those 5 cents.

If you have any queries regarding any of the fundraising efforts or wish to help out in any way, please contact Alison on 0400 128 343.

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OSHC
Hi and welcome to another week of OSHC News.

The children have been really excited to see the new resources and equipment we have been purchasing. We have recently received two Government grants which directly benefit the children and the service. We will be upgrading and adding to our technology, buying more toys, and purchasing furniture. We are also currently planning a new small outdoor play area featuring a dry creek bed. If you know of any handymen/gardeners who would like to quote for this job, please see or ring Davina for more details.

OSHC recently welcomed children visiting Toowoomba from Belgium and Singapore. It was fantastic to hear how these children experienced OSHC in their home countries, and what the differences were. They were especially surprised at how much is included in the care we provide, such as basics like food!

We would also like to welcome the new families we have enrolled at OSHC. From permanent bookings to emergency casual places, we are a vital service for Gabbinbar Families. We welcome any feedback you might have, and look forward to providing a safe and nurturing play environment for all children.

Davina Quinn
OSHC Coordinator
07-4631 5266

Gazette Distribution
To keep up-to-date with news from Gabbinbar State School you can:

- See our website at gabbinbars.eq.edu.au from 5pm Wednesdays of school weeks for The latest Gabbinbar Gazette (newsletter)
- See our calendar and news at our website
- Install the QSchools app on your smartphone, tablet or PC. Just install then add Gabbinbar as a favourite school and allow push notifications
- Collect a paper copy of the newsletter (or ask your child to) from the office from 3pm Wednesdays

Mary had a little cold
But wouldn’t stay at home
And everywhere that Mary went
The cold was sure to roam.

It wandered into Molly’s eyes
And filled them full of tears.

It jumped from there to Bobby’s nose
And then to Jimmy’s ears.

It painted Annie’s throat bright red
And swelled poor Johnny’s head.

Dora had a fever
And a cough put Jack to bed.

The moral of this little tale
Is very quickly said –
Mary could have saved a lot of pain
With just one day in bed.
Gabbinbar Parents and Citizens Association (P&C) provides services including out of school hours care (OSHC) programs, tuckshop, second-hand uniform shop and the student banking program. P&C meets on the third Wednesday of each month at 7:00 pm.

Email: pandc@gabbinbarss.eq.edu.au
Web: gabbinbarss.eq.edu.au/OurCommunity/PandC
OSHC Phone: 07 4631 5266
Tuckshop Phone: 07 4631 5215 (Tuesdays and Thursdays)

C & K Gabbinbar Community Kindergarten operates on our school site.
Email: gabbinbar@candk.asn.au
Web: www.candk.asn.au/gabbinbar
Phone: 07 4613 6205
Fax: 07 4613 6209